



Annual Report

2016/2017



Our Vision:

Children, youth and families are safe and healthy in caring and inclusive communities.

Our Mission:

Strengthening children, youth and families through innovative and accessible quality services.





Message from the President

On behalf of my colleagues on the Board of Directors, I am delighted to welcome you to this milestone 50th Annual General Meeting. It is incredible for me to reflect back on some of the earlier beginnings of STLEO, when my mother was the Executive Director, and to consider the programs and mission then and the programs, mission and direction of the society today.

While much has changed, what remains the same is the mission to support and provide innovative and quality services to children, youth and families. We have amazing staff who go above and beyond for our clients, and a strong and forward-looking Executive Director whose leadership has moved STLEO ahead in many ways, both within the organization and in the outside landscape of community, societal and governmental challenges. We continue to grow with new programs, new grants and new initiatives. Along with the Board, I look forward to continued excellence as we celebrate all that STLEO is and will be in the years ahead.—Marion Clauson, *President*



All members of our Board of Directors are volunteers who have a keen and dedicated interest in the welfare of children, youth and families. All are actively involved in the community in addition to their work with STLEO.

A number of Board members are award winning volunteers receiving: community service awards, Burnaby Local Hero awards, Burnaby Citizen of the Year, Lions Club (highest award in Canada), Honorary Life Memberships, Queen's Jubilee Medal.

Our Board 2016/2017

Marion Clauson, *President*

Dennis Yandle, *Vice President*

Glen Gardner, *Secretary*

KP Aujlay, *Treasurer*

Deborah Hutchings, *Director*

Executive Director's Report

Renata Aebi, ED



In 1967, the first human heart transplant took place in South Africa and a band called the Beatles released Sargent Pepper's Lonely Hearts Club Band in the US, which went on to spend 15 weeks at number one. Montreal hosted the Expo World Fair and the war in Vietnam raged resulting in the migration of an estimated 50,000-125,000 American citizens (conscientious defectors) to Canada.

In British Columbia, a new Society formed to assist men leaving prison to reintegrate into their home communities. This agency, called St Leonard's Society, would eventually change its mandate from incarcerated men to provide services for youth and families. Over the past 50 years, STLEO has provided many services including childcare, support to young moms, wilderness camps, a horse resource, a crisis response program and wrap around care for youth and families, a school, art and play therapies, youth leadership projects, and a variety of residential care options for youth.

An agency full of heart, St Leonard's is solid. We enjoy a strong reputation; strong fiscal management that includes four fully owned properties. The agency is stewarded by a committed and longstanding board and leadership team. Since 1967, there have been just three Executive Directors. Our staff are the best, bar none. Without their commitment to the people they serve, our agency would not exist.

Together with our government and community partners, we have weathered many funding storms and seen different governments come and go. I am confident that our agency will continue to grow our mission to expand opportunities for youth and families. I look forward to what the next 50 years will bring.



Our Programs and Services

Child and Youth Access

79 families served

Many children struggle with issues related to emotional, behavioral, and mental health, which can cause significant distress and impair development and functioning at home, at school, and in the community. Through prevention, early identification, and intervention efforts, their struggles can be reduced. The Child and Youth Access program helps children, youth, and families deal with mental health issues, including behavioral, psychological, and emotional challenges. The program provides timely, appropriate, and effective assistance that respects and promotes the independence and self-determination of participants.



Family Development Program

*107 families served
245 individuals served*

Today's families are faced with many challenges that place great demands on resources. Strong family systems provide support for successfully meeting these demands and for encouraging the healthy emotional and physical growth of family members. We believe that strong families, which provide a support system to guide individuals through various life stages and life events, are the foundation for strong communities. Building positive, healthy interactions between family members is an important key to family preservation. The Family Development Program is designed to focus on strengthening family and individual relationships, with the objective of building healthy families.



SMILE

*59 families served
90 individuals served*

Raising a healthy child starts with a healthy pregnancy. Educating young mothers, fathers, and any significant others through pregnancy and childbirth has a positive impact on the health of the mother and on the ongoing development of her baby. At STLEO, we understand having a baby is a life-changing experience and that everyone needs support to become a nurturing and responsible parent. That's why we started the SMILE program—to help young mothers and fathers experience a healthy pregnancy and to provide them with the education and support needed to prepare for childbirth and raising their children.

Our Programs and Services



Beach, Newton, and Delta House 45 youth served

At a time of crisis or transition, youth in care can find support through our programs located in Surrey and Delta. Our two bed emergency receiving homes provide youth with a warm and inviting homelike setting, to assist with personal goal setting, school support and physical and mental health planning.



Esau House 49 youth served

When there is instability and change in their lives, youth need to be encouraged, supported, and nurtured. Providing a stable, safe environment for youth in transition is often a key first step in establishing a foundation for them to overcome obstacles and move forward in a positive way. Esau House provides that environment and offers support, encouragement, and ideas for youth who are often not involved in school or community programs. The co-ed home offers behavioural assessment and contact with professionals to provide stability during crises and transitional periods in a youth's life.



Cedar, Maple, and Willow House 8 youth served

Youth affected by complex trauma (exposed to multiple traumatic events) need specialized programs that develop self-regulation skills, decrease hyperarousal, improve emotional language, deepen attachment experiences and increase personal responsibility for actions. Understanding this, STLEO works closely with Complex Trauma Resources to provide specialized homes that assist these youth to move forward to more age appropriate developmental stages. These homes provide specific and focused approaches that encourages the youth to reach their full potential. to overcome obstacles and move forward in a positive way.



Our Programs and Services

Southside Residential Program *11 youth served*

When there is instability and change in their lives, people need to be encouraged, supported, and nurtured. This is particularly true of girls who are not only moving through adolescence, but who may be dealing with issues including alienation from their family, and involvement in street activities. Providing a stable, safe environment for teenage girls in transition is often a key first step in establishing a foundation for them to overcome obstacles and move forward in a positive way.



Youth Innovation Lab

In our newest program, youth receive hands-on training with some of the best technology companies in Vancouver to achieve skills in computer coding, animation and project development. When completed, youth will understand basic coding language, tour an animation studio, advertising firm, and computer lab, and receive a mentorship relationship with an artist, coder, or social media expert in the field.



STLEO Program Stats April, 2016 to March 31, 2017

Clients and Families served:	501
Individuals served:	670
Hours of service provided (Non-residential):	20,123 hours
Bed nights provided/Days of service (Residential):	6,213

Outlook Community Youth Services

148 youth and families served



At STLEO we've learned we can help youth realize lasting positive change in their lives by building on their strengths. When youth feel included and valued in their families and communities, they are more motivated to make positive choices and to live a healthy, safe, and productive life style. That's why we created Outlook Community Youth Services— an innovative youth development initiative aimed at building a network of support for high-risk youth by establishing meaningful links, connections, and relationships between young people as individuals, their families and significant others, and the community as a whole. Through Outlook, youth build confidence and self-esteem while learning to increase their social, interpersonal, and life skills.

Through Outlook, we work to build community networks and connections with social service agencies, community, and business organizations.

Services offered as part of Outlook include:

- Youth mentorship opportunities to provide friendship, support and positive role modeling
- Community work service placements to provide opportunities for youth restitution
- Parental support, education, parent/teen mediation and crisis intervention to help build strength in families
- Support to transitional housing to help stabilize living arrangements for youth
- Youth development and monitoring to help build personal strength
- Community capacity development to help build a supportive community
- School program for youth to be able to continue with formal learning
- Outreach to connect with sexually exploited youth
- Support for youth to exit gang involvement through recreational and pro-social activities





Statement of Financial Position

03/31/2017

	Current Year	Previous Year
ASSETS		
Total current assets	\$ 983,590	\$ 924,084
Investments	561,570	262,340
Capital assets	1,322,935	1,108,251
TOTAL ASSETS	2,868,095	2,294,675
LIABILITIES AND EQUITY		
Total current liabilities	\$ 325,214	\$ 239,107
Net assets (equity)	2,542,881	2,055,568
TOTAL LIABILITIES & EQUITY	2,868,095	2,294,675



Statement of Operations

12 Months Ending 3/31/2017

	Current Year	Previous Year
REVENUES		
MCFD	\$ 4,549,054	\$ 3,757,467
Grants	96,142	76,300
Other	13,391	26,990
Donations	11,463	18,717
TOTAL REVENUES	4,670,050	3,879,474
OPERATING EXPENSES		
Programs	\$ 3,758,959	\$ 3,254,556
Administration	423,778	407,487
TOTAL EXPENSES	4,182,737	3,662,043
NET INCOME	\$ 487,313	\$ 217,431

Awards



AI Cote Employee of the Year Award

The AI Cote Award is presented annually to an employee who best exemplifies the qualities that AI Cote has given our society to the benefit of the people with whom it is our privilege to work.

AI Cote was one of the founding members of St. Leonard's Youth and Family Services and served as a volunteer for over two decades as a member of the society, committee chairperson, and as an officer and director on the Board.



AI was the kind of honest, sincere, hard working person you could truly depend on. Over the years, he had given unstintingly of his time because he cared deeply about people who are in need and believed that the work of the society could make a positive difference in their lives.

This year, we are delighted to present the award to two employees: Harjit Basra (left) and Candice Dearden (right).

The University of British Columbia: St. Leonard's Youth and Family Services Scholarship

A \$500 to \$1000 scholarship has been endowed by St. Leonard's Youth and Family Services. The award is offered each year to an undergraduate student entering the final year of study in Social Work. The award is made on the recommendation of the School of Social Work and Family Studies, University of British Columbia.





We thank our funders for their support and partnership



Ministry of Children and Family Development
Ministry of Justice



vancouver
foundation

St. Leonard's is accredited by CARF: The Commission on Accreditation Rehabilitation Facilities. This means that we have met CARF's rigorous guidelines for service and quality and that our services adhere to internationally recognized standards of excellence. Please visit the CARF website for more information:

www.carf.org



St. Leonard's Youth and Family Services Society is audited annually by the firm Matthews Campbell.

St Leonard's Youth and Family Services

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